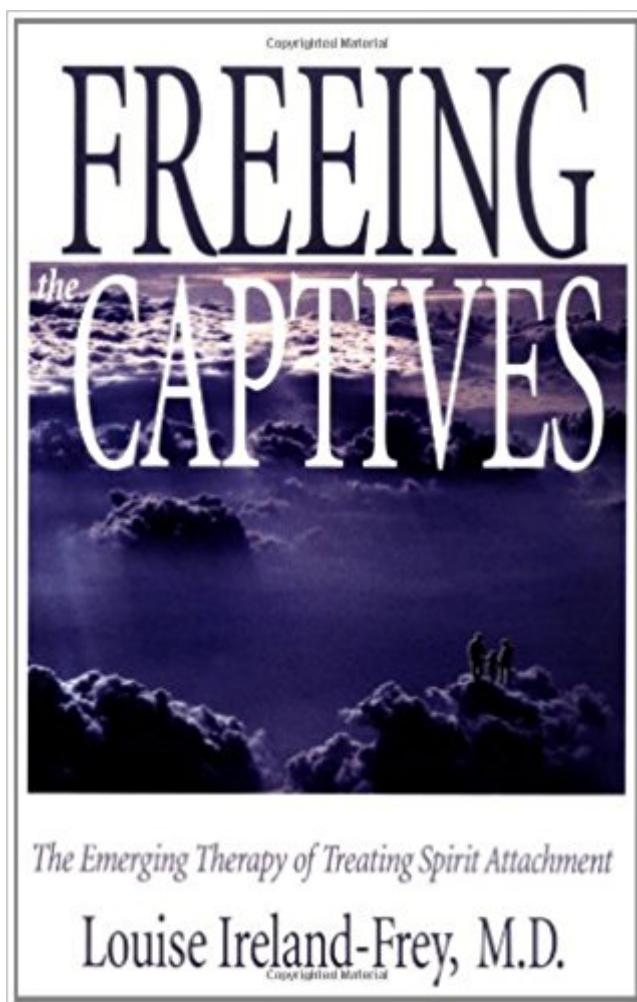


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# Freeing The Captives: The Emerging Therapy Of Treating Spirit Attachment



## **Synopsis**

Possession by Spirits. Stories of spirit possession come to us from earliest recorded history. Modern science typically has looked on these reports as the product of ignorance and superstition. Modern science may be wrong. It may, in fact, be changing its mind.

## **Book Information**

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## **Customer Reviews**

A must-read for anybody who believes she or he may be housing a haranguing haunt, hypnotherapist Louise Ireland-Frey packs this 333-page volume with hundreds of case histories to illustrate how and why the living may become "possessed," "obsessed," or "influenced" by the dead. Making the case that most invading spirits do not have evil intent but rather are frightened, confused, or just plain lost, she describes how she and her colleagues have learned to release the living from the dead and the dead from the living. The doctor's down-to-earth delivery may make a believer out of the most devout skeptic, thereby providing an alternative therapeutic approach for a host of possibly misdiagnosed physical, mental, and emotional disorders previously deemed impervious to treatment. --Randall Cohan

I have thoroughly enjoyed reading this book. The reader who was disappointed and gave this book "1 star" must have missed the point and the purpose of this book. The book is about Spirit Release and it contains an abundance of real-life stories, which make it for an enjoyable and easy reading. The author doesn't state that all problems in anyone's life are related to spirit

releasement, however she does tactfully and routinely check for the possibility of any mental and energetic influences from external sources. It simply makes it easier when assisting the client to deal with issue that actually relate to the client. It is not the purpose of spirit releasement techniques to place all the blame and responsibility on outer sources. After all, it is the individual's own thoughts and emotions that open the person to any external influences. And even when spirit releasement does indeed provide speedy relief from some perplexing problems, unless the individual invests some conscious effort in maintaining healthy state of mind, emotions and body, he may very well open himself to more unhealthy influences. The thing that I particularly like about spirit releasement books as opposite to exorcism books is that the therapist doesn't just remove the unhealthy influence, but makes sure to help it to understand and experience that there is a better way to live and that it is in its best interests. I like Irene Hickman's metaphor (from her book "Remote Depossession") that compares the exorcism method to taking nails out of one's tire and then tossing them out on the road, so they can pierce someone else's tires, or even one's own should the individual drive along the same road at a later time; whereas she compares spirit releasement method to actually disposing of the nails so that they don't cause damage to anyone later on. I have particularly appreciated the compassionate approach in this book of providing a brief therapy even to disembodied spirits before directing them into the light. The book lists and provides examples of extremely wide range of external influences - the greatest number of external influences being by lost and confused human beings who have not successfully made a transition to the spirit world. The influences are not always by those we'd consider "dead", but also by mental influences from other living human beings. Again, I find it important to add that nothing and noone can influence the person, unless the person has first created some kind of an opening to be influenced. Most of us take daily care that our bodies and clothes are clean - not many take care that their thoughts and emotions are clean, too.

I want to Thank Louise Ireland-Frey, M.D. For writing this book. It gave me so many answers to my own experience with spirit releasement. Her reviews and discussion with spirits show me that it is good to listen to those who are looking for help. She opened a door to an energy that so many people are afraid to discuss or talk about. When I wrote my memoir I had so many questions while looking for answers. Thank you for recommending this book.Carol Shimp

Dr. Ireland-Frey has written and eye-opening, informative, and enlightening book about an important area of spiritual work. She gives a wide variety of situations and many instructive anecdotes. That

being said, this is not a how-to manual. If you are interested in knowing about spirit attachment, this is an excellent starting place. If however, you wish to learn HOW to do spirit releasement, I suggest William Baldwin's "Spirit Releasement: A Technique Manual". This is the gold standard handbook for actually doing spirit releasement, but certainly is not "light" reading.

Somewhat interesting but confusing. William Baldwin's book "Freeing Lost Souls: Releasing Unwanted Spirits . . ." and Maureen Smith's book "Clearings: Helping Lost Souls Find The Way Home" are easier to read and more useful. I recommend these two books, but not the Louise Ireland-Frey book.

Goes beyond and works well with Eugene Maury's "Exorcism".

this is a good discussion of a more mainstream approach to a "situation" that had usually only been addressed by Healers in "Primitive" culturesit brings recognition to the Potential that a person's "problem" might be from beyond themselves

This book will free you in a way you cannot comprehend. Few people understand that this phenomena can happen let alone what to do to heal it.

For those people interested in understanding ghosts and spirits this one of the books for you. Most people when they see ghosts don't know how to react this book will show the different ways to interact.

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